



## APPETIZERS

### *Shrimp Cabo...11.45*

Five large shrimp served with a spicy jalapeno cream sauce.

### *Rick's Sautéed Mushrooms...8.95*

If you like sautéed mushrooms, you will LOVE these.

### *Sautéed Artichoke Hearts...9.25*

Artichoke hearts, white wine, scallions, garlic.

### *Southwestern Crab Cakes...11.95*

Served with a spicy tomato cream sauce.

## SALADS, SOUPS & COMBOS

### *Soup and Salad Combo...8.95*

Bowl of homestyle soup and our Arbor garden salad.

### *Soup and 1/2 Sandwich...9.25*

Choose from Maxine's Tuna Salad, Oven Roasted Turkey, or Nature's Best Veggie Sandwich, with a cup of soup.

### *Soup of the Day Cup...3.95 Bowl...4.95*

Our soups are made from the freshest ingredients possible.

### *Arbor Garden Salad...5.95*

Fresh greens, carrots, tomato, cucumber, onions and broccoli.

### TEXAS ICED TEA

Fresh brewed iced tea sweetened with our special minted sugar syrup

\$2.95

### VOSS SPARKLING WATER

Considered one of the purest waters in the world.

\$3.50

### COFFEE, & HOT TEA

Brewed fresh throughout the day!

\$2.75

### REPUBLIC OF TEA...GINGER PEACH, ACAI BERRY RED TEA, RASPBERRY QUINCE

Bottled Tea, very refreshing...unsweetened.

\$3.75

### OTHER BEVERAGES

Pepsi, Caffeine Free Diet Pepsi,  
Sierra Mist,  
Pink Lemonade, Iced Tea

\$2.75

## GREENS

*Texas Fried Chicken Salad...10.95* *Small Texas Salad...9.95*

Crisp Greens, golden fried chicken, pecans, corn and bell peppers .

*Cajun Chicken Salad...10.95* *Small Cajun Salad...9.95*

Spicy chunks of chicken over baby greens with black olives, artichoke hearts, green onions and tomatoes.

*Arbor Cobb Salad...11.25* *Small Cobb Salad...10.25*

Traditional Cobb salad; turkey, avocado, crisp bacon, chopped egg, tomato & blue cheese crumbles over baby greens.

*Classic Wedge Salad...8.95*

A blast from the past! Ice cold, crisp wedge of iceberg lettuce crumbled blue cheese, diced tomatoes topped with candied pecans.

### *Caesars*

*Caesar Salad...9.25* *Blackened Salmon Caesar ...12.95*

*Shrimp Caesar...12.95* *Southwestern Chicken...10.95*

Cold, crisp romaine lettuce tossed with our classic Caesar dressing, grated parmesan cheese and herb seasoned croutons.

*Small Caesar...7.95* *Small Southwestern Chicken Caesar...10.95*

*Maxine's Tuna Salad...8.95* *Small Tuna Salad...8.45*

Mom's version of the classic tuna salad; albacore tuna, celery, green onions and sweet pickle relish. Served over baby greens with tomatoes.

*Oriental Chicken Salad...10.95*

Oriental sesame dressing, sliced chicken breast, chow mein noodles, almonds, snow peas, corn , green onions and mandarin oranges.

*Salmon Greek Salad...12.95*

Grilled salmon fillet on an icy bed of lettuce with kalamata olives, feta cheese, tomatoes, red onions and cucumbers. Served with Greek dressing.

**All Salads served with hot apple fritters, and Shenandoah rolls**

Add a small salad or cup of soup...\$2.95

## SANDWICHES

Choose French fries, creole coleslaw, fresh fruit, or Miss Pearl's Pinto Beans

### *San Antonio Grilled Chicken Sandwich...9.50*

Spicy Southwestern Chicken breast, lettuce tomatoes , red onion, Ortega chile and chipotle mayonnaise on a warm bun with jack cheese.

### *Oven Roasted Turkey Sandwich...9.50*

Oven roasted turkey breast, Muenster cheese, lettuce, tomatoes, red onion and a tangy cranberry mustard served on whole grain bread.

## BLT's

### *Southern BLT...9.75*

Fried Green Tomatoes, applewood smoked bacon, lettuce and herbed manyonnaise served on whole grain.

### *Applewood smoked BLOT...9.25*

Crispy, applewood smoked bacon, green leaf lettuce, ripe tomatoes, red onion and a touch of herbed mayonnaise.

### *Chicken Cashew Croissant Sandwich...9.95*

Diced chicken breast, celery, cranberries & cashews with sprouts and lettuce.

### *Nature's Best Veggie Sandwich...8.95*

Fresh cucumbers, tomato, green leaf lettuce, mushrooms, sprouts, avocado and cream cheese.

## MELTS

### *Tuna Melt...9.75*

Maxine's Tuna Salad on grilled sourdough with muenster cheese & sliced tomatoes.

### *Turkey Melt...9.75*

Sliced turkey breast on grilled whole grain bread with jack cheese cheddar cheese & sliced tomatoes.

### *Shenandoah Cheese Burger...9.75*

Served with American Cheese, lettuce and tomato on a grilled bun. Onions on request. Daily Burger Special available...Ask your server!!

### *Southwestern Grilled Cheese Sandwich...8.95*

Pepperjack, swiss, and american cheese on grilled sour dough with oretega chilies & sliced tomatoes. Served with a cup of soup.

## SHENANDOAH SPECIALTIES

Add a small salad or cup of soup...\$2.95

### *Galveston Pasta...11.95*

Penne, chicken, & Andouille sausage, in a jalapeno tequila cream sauce.

### *BBQ Quesadilla...8.95*

Large flour tortilla filled with tender chicken, jack and cheddar cheese, red onion, our own Chipotle bbq sauce and fresh cilantro. Served with fresh pico de gallo and sour cream.

### *Hot Turkey Sandwich...9.25*

Thin slices of roasted turkey served open face on sourdough bread with mashed potatoes, turkey gravy, & cranberry sauce.

### *Fresh Pasta...8.95*

Penne pasta, fresh tomatoes, fresh basil, lots of garlic and olive oil. And a touch of parmesan cheese...fantastic lunch!!

### *Chicken and Andouille Sausage. Gumbo...9.95*

Traditional New Orleans style gumbo with tender chunks of chicken and spicy Andouille sausage. *Seafood Gumbo...10.95*

The following specialties are served with your choice of mashed potatoes and gravy, French fries, coleslaw, pinto beans or fresh fruit.

### *Granny's Fried Chicken...9.95*

A boneless breast deep-fried to a golden brown.

### *Rattlesnake Ribeye...12.95*

An open faced steak sandwich with a 6 oz. Ribeye steak on grilled sourdough, topped with our famous southwestern Cabo sauce. "Slightly spicy!"

### *Bacon & Hazelnut Crusted Alaskan Halibut...Daily Quote*

Alaskan Halibut with a Hazelnut and bacon crust served with a wonderful Citrus beurre blanc.

### *Daily Fresh Catch...Daily Quote*

With artichoke hearts & mushrooms that are sautéed in a tangy lemon butter sauce.

### *San Francisco Style Fish...Daily Quote*

Marinated in Soy sauce, Dijon, olive oil, lemon & garlic, then charbroiled. Delicious!

### *Sand Dabs...14.95*

Delicate sand dab fillets sautéed in a garlic brown butter sauce served with garlic mashed potatoes!